



Northeast & Caribbean (HHS Region 2)

# MHTTC

Mental Health Technology Transfer Center Network

Funded by Substance Abuse and Mental Health Services Administration

## A Year of Outreach, Connection, and Action

2018 - 2019

## Region 2



In the first year of the Northeast and Caribbean Mental Health Technology Transfer Center (MHTTC), we reached out to and connected with provider organizations, strategic partners, and key stakeholders. We learned about the workforce development needs of our region and began to take action to address these needs. We provided trainings and technical assistance on a variety of topics to diverse audiences, using varied delivery formats. Learn more about our Year 1 activities below.

Northeast & Caribbean  
**MHTTC**  
at Rutgers University  
**REGION 2**

### Areas of Focus:

Evidence Based Practices for Serious Mental Illnesses to include: Supported Employment, Illness Management and Recovery, Supportive Housing, and Supported Education

**1245**  
Participants

**21**  
Events

**6**  
Exhibits

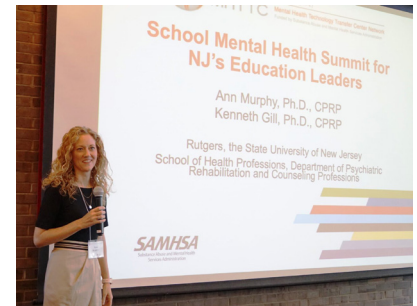
### First Year Outcomes



**95%**  
expected training to  
benefit clients



**98%**  
found information  
received useful



**95%**  
would recommend  
training to colleague

*"Everything [was helpful], from the flag activity to the practice skills/interventions for clients in the LGBTQ+ community, this training will really help improve my knowledge and therapeutic work with my current and future clients."*

*"...the resource material will be very helpful, such as the warning signs flyer, for medical center staff. In addition, the presenter's approach was well organized and can inform my efforts to present this material to medical center providers and staff..."*

Subscribe: <https://bit.ly/2mpmpMb>

Website: <https://mhttcnetwork.org/centers/northeast-caribbean-mhttc> Facebook: [Northeast & Caribbean MHTTC](#)



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In addition to our Areas of Focus, we provided trainings on motivational interviewing, cultural considerations for Hispanic and Latino populations, suicide assessment and prevention, older adults with serious mental illnesses, and behavioral health needs of sexual minorities and gender diverse individuals.

**Northeast and Caribbean**  
MENTAL HEALTH TECHNOLOGY TRANSFER CENTER  
Rutgers University

*Support the transfer of knowledge from research to practice through training, technical assistance, consultation, and resource dissemination.*

Under the direction of co-directors, Dr. Ken Gill and Dr. Ann Murphy, the MHTTC develops targeted activities to address the needs of the mental health workforce, utilizing implementation science to inform training and technical assistance activities at varying levels of intensity.

**Our Services**

FREE targeted face-to-face and online trainings, intensive train-the-trainer programs, technical assistance/consultation, and resource dissemination

**Our Goals**

Sign up to receive our communications on our website and join us for an event!

Website: <https://mhttcnetwork.org/centers/northeast-caribbean-mhttc>  
Follow Us On Facebook: Northeast & Caribbean MHTTC

**Grow Your Knowledge and Skills!**

Join other mental health and education professionals in enhancing your knowledge and skills about mental health conditions, evidence-based interventions, recovery, and much more. Keep up with the latest in effective practices, resources, and technology!

The Northeast and Caribbean Mental Health Technology Transfer Center (MHTTC) at Rutgers, the State University of New Jersey provides trainings delivered in-person and via online courses, intensive training of trainers events, technical assistance for implementation of new practices, and national webinars on a range of topics to grow the knowledge and skills of mental health service providers. We also focus on providing professional development and consultation directly to schools and related community organizations in the area of school mental health.

**Subscribe to our mailing list** to receive our quarterly newsletter, and be the first to know about upcoming training events, webinars, online courses, new resources, and more. All activities are available at no cost!

Check out our [website](#) for the latest news and offerings and follow us on Facebook: Northeast & Caribbean MHTTC.

**Your Email is safe with us!**  
Please note that we will not sell, distribute or retransmit your email address or any of your contact information for any other purpose. You can unsubscribe at any time.

If you have any questions or concerns, please email us at: [northeastcaribbean@mhttcnetwork.org](mailto:northeastcaribbean@mhttcnetwork.org)

**MHTTC Promos**

**Offered in 2 Locations:**

**Montgomery, NJ**  
Monday, May 13, 2019  
10:00am - 12:00pm  
Montgomery, NJ  
200 College Drive  
08053-1000  
RSVP: [Click Here](#)

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## MHTTC School Mental Health

**Northeast and Caribbean**  
MENTAL HEALTH TECHNOLOGY TRANSFER CENTER  
Rutgers University

675 Hoes Lane West  
8th Floor  
Piscataway, NJ 08854  
908.889.2552  
Email: [northeastcaribbean@mhttcnetwork.org](mailto:northeastcaribbean@mhttcnetwork.org)  
Website: <https://mhttcnetwork.org/centers/northeast-caribbean-mhttc>

Serving New York, New Jersey, Puerto Rico, and the US Virgin Islands, providing free training, technical assistance, and resource dissemination to support and enhance the mental health workforce.

**SAMHSA** Funded by the Substance Abuse and Mental Health Services Administration Grant 1H79SM081783

**Mental Health in Schools**  
Professional Development and Implementation Support

**We Provide**

Professional development and consultation to promote positive school climate, social emotional learning, and mental health and well being, while reducing the negative impact of mental health conditions. We provide assistance in the following areas:

- Comprehensive school mental health systems
- School mental health training
- Needs assessment and resource mapping
- Mental health screening in schools
- Promotion of mental health services
- Mental health early intervention and treatment
- Documenting and demonstrating impact

**Our Services**

FREE targeted face-to-face and online professional development trainings, intensive train-the-trainer programs, technical assistance, consultation, and resource dissemination to employees of school systems at all levels in the areas of:

- Youth Mental Health First Aid
- Suicide Prevention Trainings (QPR)
- Trauma Informed Care in Schools
- Advanced Mental Health Skills
- Enhancing Resilience in Students
- Dealing with Stress and Compassion Fatigue
- Mental Health in Youth Throughout the Lifecycle
- Grief and Loss Training
- Positive Parenting Training

Website: <https://mhttcnetwork.org/centers/northeast-caribbean-mhttc>  
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Year one resulted in the development and dissemination of materials to promote educational events and services. We offered national webinars, trainings and professional development meetings.

### Year one topics in School Mental Health:

School Mental Health Summit  
Youth Mental Health First Aid  
Trauma and Mental Health  
Comprehensive School Mental Health Curriculum  
Question, Persuade, and Refer  
Suicide Prevention  
Overview of Mental Health Conditions  
Social Emotional Learning

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