

*Meet Aditi ...*

*Aditi is a 19-year-old female who lives with her family in a suburb outside of New York City. She loves to dance, watch movies, and spend time with friends and family. She planned to pursue a career in the sciences, particularly biology. Aditi is also an immigrant from India. She experienced many of the challenges growing up that immigrants often face in the United States.*

*The racism, stigma, and discrimination Aditi felt day to day started to make her feel sad and depressed. She had a hopeless feeling and was tired all the time. She and her family thought she could manage in college; however, her symptoms worsened, and she eventually had to drop out. Aditi and her parents had no idea where she could go to get help or support.*

*After a brief hospital stay, Aditi was linked to outpatient counseling, and she eventually found herself in a Support Employment Program to help her find work. She successfully started working in a local coffee shop, but, in her heart, she knew she really wanted to go back to college but wasn't sure what she needed to do to make this happen. Aditi was referred to a Supported Education specialist who worked with her to confirm her interests, identify her goals, help address her challenges, and provide tailored support.*

*In this course, we will follow Aditi's story and discover what Supported Employment is all about, including the frameworks, strategies, and practices that make it such a successful and life-changing program for those with mental health conditions.*

*Join us!*